

FIRST CLASS COACHING

LET'S BREAK IT DOWN –

8 1-HOUR PRIVATE IN HOME COACHING SESSIONS

One-on-one sessions that include audition organization (dates & material requirements), material selection, material preparation, acting coaching, package branding, resume editing, “book” preparation, and any other individualized needs of the Mentee. Mentee will leave with “homework” to prepare for their next coaching session or Show-off. This is vital for the continued growth of the Mentee and their audition success. This program is not for the lazy!

1 1-HOUR PRIVATE IN STUDIO DANCE ASSESSMENT WITH CUSTOMIZED PRACTICE EXERCISES BASED ON WHAT YOU NEED TO BE YOUR BEST IN YOUR DANCE/MOVEMENT AUDITION

Most programs require a dance or movement audition and to some this is the scariest part. It is the part that you cannot be as prepared for as the acting or singing component, as you never know what they will throw at you. Luckily, I have perfected a list of consistently used dance call moves and designed a dance audition workshop that I have taught several times around NYC.

During this hour together, I will assess your dance skills and help fill in any holes that may trip you up on the big day. You will leave with exercises and steps that you can (and should) practice at home consistently for you to your own body as a performer.

Not a dancer? All good. Add on as many private dance-coaching sessions as you want at a reduced Mentee Rate. This is great for those who need to become more flexible, stronger; more coordinated or increase their dance vocabulary.

5 MONTHLY COMMUNITY “SHOW-OFFS”

One of the most important things to me is creating a safe, educational community. Once a month we will meet as a group of 6 and work together! Each meeting we will practice our material in front of others, dance pickup, and share our current place in our college audition journeys.

Show-off One - Welcome & The Dance Call

Show-off Two - Monologues

Show-off Three - Monologues

Show-off Four - Songs with Accompanist

Show-off Five - The Full Package & Goodbyes

**Tentative day of the week is Sunday - time TBD

NYC HEADSHOTS WITH 1 COLLEGE-READY RETOUCHE PHOTO

The first thing Colleges see will be your headshot and resume. It is vital that they are the essence of YOU and gives a great first impression! Don't ruin your chances on an iPhone selfie.

I will be flying down an NYC photographer for the day to help you put your best foot forward. Each session will be 1 hour (30 minutes with me for outfit/hair/makeup tweaks & 30 minutes shooting with various looks) and will include 1 retouched photo ready for you to print or send via email. All unedited photos will be yours to keep as well.

Pending Photographer: <https://www.salpaviaphotography.com/>

PRIVATE FACEBOOK GROUP FOR MENTEES

I will say it once and I will say it again. COMMUNITY! It is important to have a team behind you rooting for your success. With led discussions and inspiration, let's share our highs & lows and learn from each other. This will give us a place to vent, a place to

learn, and a place to grow - together. We are on team KENTUCKIANA and are not in competition with each other.

24/7 ACCESS TO ME VIA TEXT OR EMAIL FOR 4 MONTHS & BEYOND

I humbly give all Mentee my personal cell to reach out whenever those late-night questions arise.

What's the difference between a BFA and a BA? How many schools should I apply for? I forgot my tights for the dance call - HELP! What shoes do I wear in the room? This monologue just isn't working for me, can we pick a new one for next session? Do you have a voice teacher to help me? Wait, is the headshot a different size than my resume?

I hope to continue relationships with all the Mentee for years to come to help them through more than just this small blip of college auditions... read ["MY WHY."](#)

REFERRALS TO QUALIFIED EXPERTS IN THE FIELD

Hopefully you have been lucky enough to study for years and have your go-to dance studio, vocal coach, music theory teacher, dialect coach, etc. If not, no sweat, I will make the connection between you and a qualified expert to help get the training you need if I cannot provide it myself in an A La Carte session. I will be the first to admit I am no music theory wizard!

NOTE: This program does NOT and should not replace your performance training. We always have more to grow as a performer – notice I say WE as I still haven't and won't stop training. Now should be the time you are training the hardest; solidifying that technique and squeezing every last drop of knowledge out of your favorite teachers, you will miss them when you're gone!

MENTEE RATES FOR EASY ADD ONS

Need some extra loving? Add on A La Carte Sessions at a discounted rate!

Additionally, FCC will be offering a FULL College Mock Audition Day in December flying in faculty of Colleges, Artistic Directors, and Broadway Stars! Try out your material and get individualized one-on-one feedback before the audition season starts.

REGULAR RATE:

In Your Home	\$45/Hour
In Studio	\$40/hour
Online/Zoom	\$30/hour
College Mock Audition Day	\$200

MENTEE RATE:

In Your Home	\$40/Hour
In Studio	\$30/hour
Online/Zoom**	\$25/hour
College Mock Audition Day	\$175